WALK FOR HOPE – STOMP ON STIGMA

Did you know that *1 in 5 adults in America experience a mental illness* over the course of their lives? *Depression is the leading cause of disability worldwide*, and is a major contributor to the global burden of disease. **The stigma that is associated with mental illness often times prevents those that need help from reaching out to get the support they need.**Pathway To Hope has been making a difference in the lives of individuals and families facing mental illness for almost 20 years. You can help us do more!

Join us for the 2018 Walk for Hope – Stomp on Stigma that **takes place at the Blue Valley Hilltop Learning Center Campus** on **Saturday, May 19th, 2018**. Registration begins at **8:00am**. Walk starts at **9:00am**. All proceeds from the event will support Pathway To Hope, Inc., a 501(c)(3).

* The Walk for Hope – Stomp on Stigma is a family friendly event, designed for participants at every fitness level from stroller to wheelchair.
* The 2.5-mile course is on paved walking trails, in a park like setting.
* Awards will be given for the walker with most money raised, overall, and the walker with the most sponsors.
* Individuals who raise $100 or more will receive a 2018 Walk for Hope T-shirt, other recognition rewards will be available for walkers to earn.
* **Register as a walker today at website:** <http://www.pathwaytohope.org/walk/>

Join Us May 19th, 2018 • Blue Valley Hilltop Learning Center Campus • Registration 8 am • Walk 9 am

For questions or comments email: walk@pathwaytohope.org or call (913) 397-8552