

NAMI Family-to-Family Course in Lee's Summit

NAMI Family-to-Family is a free multi-session education program for family, partners, friends and significant others of adults living with mental illness. The course is designed to help all family members understand and support their loved one living with mental illness, while maintaining their own well-being. The course includes information on illnesses such as schizophrenia, bipolar disorder, major depression and other mental health conditions. Thousands of families describe the program as life-changing. The program is taught by trained teachers who are also family members and know what it is like to have a loved one living with mental illness.

NAMI Greater Kansas City & NAMI Missouri will offer NAMI Family-to-Family in Lee's Summit for 12 consecutive Mondays, beginning March 2, 2020. Registration information and details are online at namimissouri.org/FTF



NAMI FTF Course Information

Dates: Weekly on Mondays
March 2 - May 18, 2020*

Time: 6:30 – 9:00 pm

Location: ReDiscover Mental Health

Address: 1555 NE Rice Rd.,
Lee's Summit, MO 64086

Notes: This free, 12-session course will run for 12 consecutive Mondays. The course is free, but registration is required. Register online at namimissouri.org/FTF

*Note: The course may be shortened to 8 weeks if new 8-week course material becomes available prior to course start date.

For more information, contact:

NAMI Missouri
(573) 634-7727

info@namimissouri.org

Register at namimissouri.org/FTF

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Missouri is an affiliate of NAMI national. NAMI Missouri and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.