

Understanding Teen Depression

March 21, 2019

7:00pm ET

Register at



[www.familyaware.org/
trainings](http://www.familyaware.org/trainings)



Join our Free Webinar on Teen Depression to learn how

- Recognize signs of depression in your teenagers
- Communicate effectively with your teens about your concerns
- Get your teens the care they need.

This webinar is for Parents and Other Caregivers, Youth Workers, and Caring Adults Interested in Teen Mental Health. Watch the webinar live to submit questions to the presenter **Rebekah Gibbons, LICSW**.

Rebekah Gibbons, LICSW is a trauma-informed and certified therapist specializing in adolescent mental health and trauma. Ms. Gibbons worked for community-based care, including adolescent residential, providing individual, family, and group therapy for five years before transitioning to a private group practice. She also provides consultation and training to schools and community members regarding adolescent trauma and mental health, specifically focused on supporting schools to create trauma-informed and wellness-focused classrooms.



Families for Depression Awareness is a national nonprofit organization helping families recognize and cope with depression and bipolar disorder to get people well and prevent suicides.

391 Totten Pond Rd, 101,
Waltham, MA 02451
781-890-0220
info@familyaware.org
www.familyaware.org